



## ANRS | MIE Scientific Days in Vietnam

*Towards ending epidemics*

15<sup>th</sup> to 16<sup>th</sup> of November, 2023

# The status and challenges of viral hepatitis control in Vietnam

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# Introduction (1)

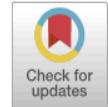
- Vietnam, population 97.3 million, is one of twenty countries reported to shoulder 75% of the world's burden of viral hepatitis
- Morbidity from viral hepatitis in Vietnam is largely driven by HBV, with most chronic infections acquired through mother-to-child transmission and horizontal transmission in early childhood
- Vietnam's MOH approximates the prevalence of chronic HBV infection to range from 8-25%
- Approximately one million Vietnamese (~1%) have HCV chronic active infection, while the most recent GBD modelling suggests this figure may be over 60% higher (1.66% [95% C.I 1.35 – 2.0])
- HDV also makes an important contribution to Vietnam's hepatitis burden. HDV is not currently screened for in Vietnam and is not included in national treatment guidelines

# Introduction (2)

- In the last thirty years, Vietnam has undergone unprecedented change.
- Notable progress has been made in:
  - Access to HBV vaccination,
  - Blood donor screening,
  - Government subsidization of HBV and HCV therapy,
- Altering the shape and scope of the hepatitis epidemic and shifting public health priorities.

# Estimating seroprevalence of Hepatitis B, C and D in Vietnam

## Seroprevalence of Hepatitis B, C and D in Vietnam: A systematic review and meta-analysis



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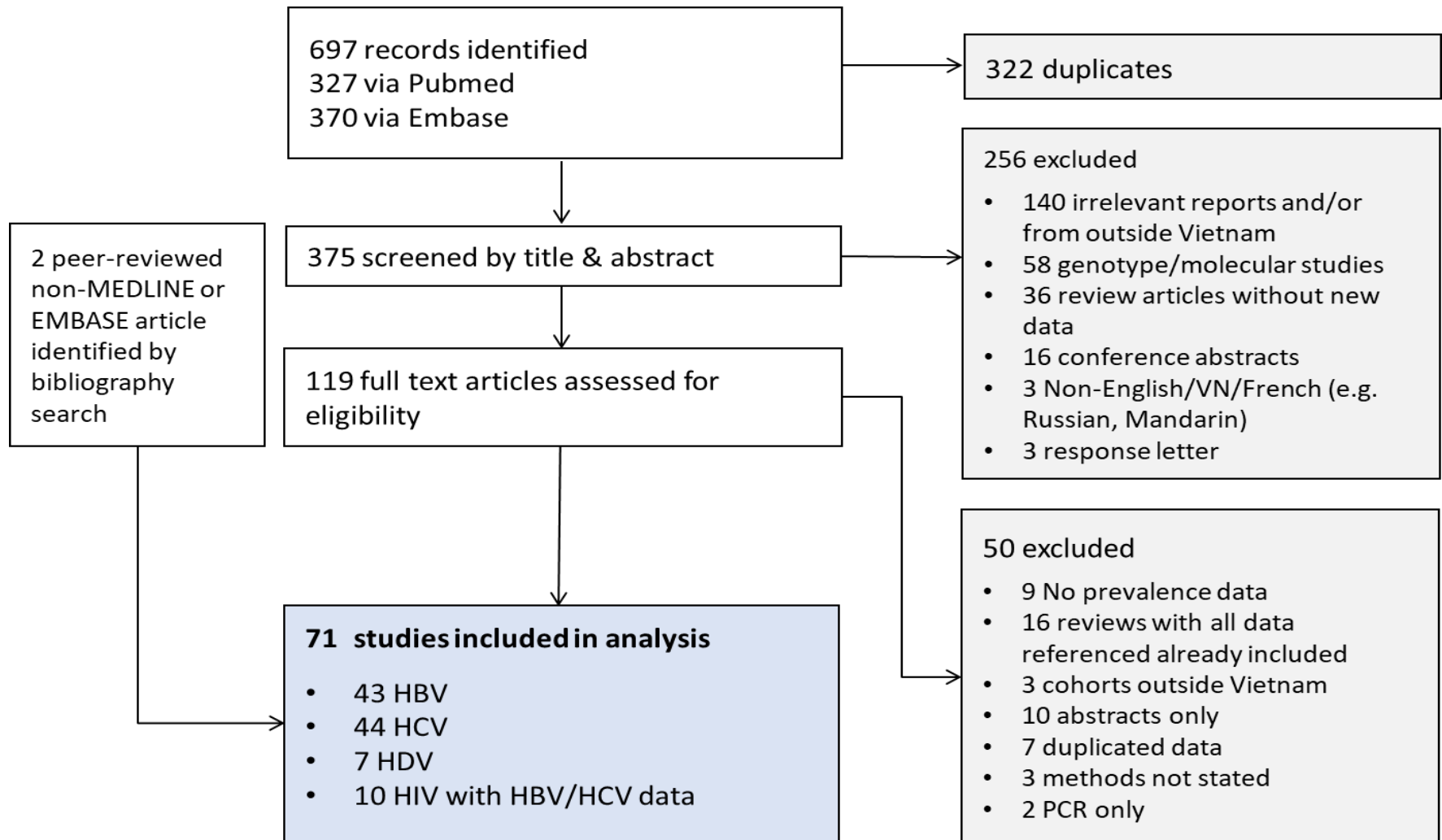
### Summary

**Background** Vietnam has one of the greatest disease burdens from chronic viral hepatitis. Comprehensive prevalence data are essential to support its elimination as a public health threat.

**Methods** We searched Medline and Embase from 1990 to 2021 for seroprevalence data relating to Hepatitis B (HBV), C (HCV) and D (HDV) in Vietnam. We estimated pooled prevalence with a DerSimonian-Laird random-effects model and stratified study populations into i) low-risk ii) high-risk exposure and iii) liver disease. We further estimated prevalence by decade and region and rates of HIV-coinfection.

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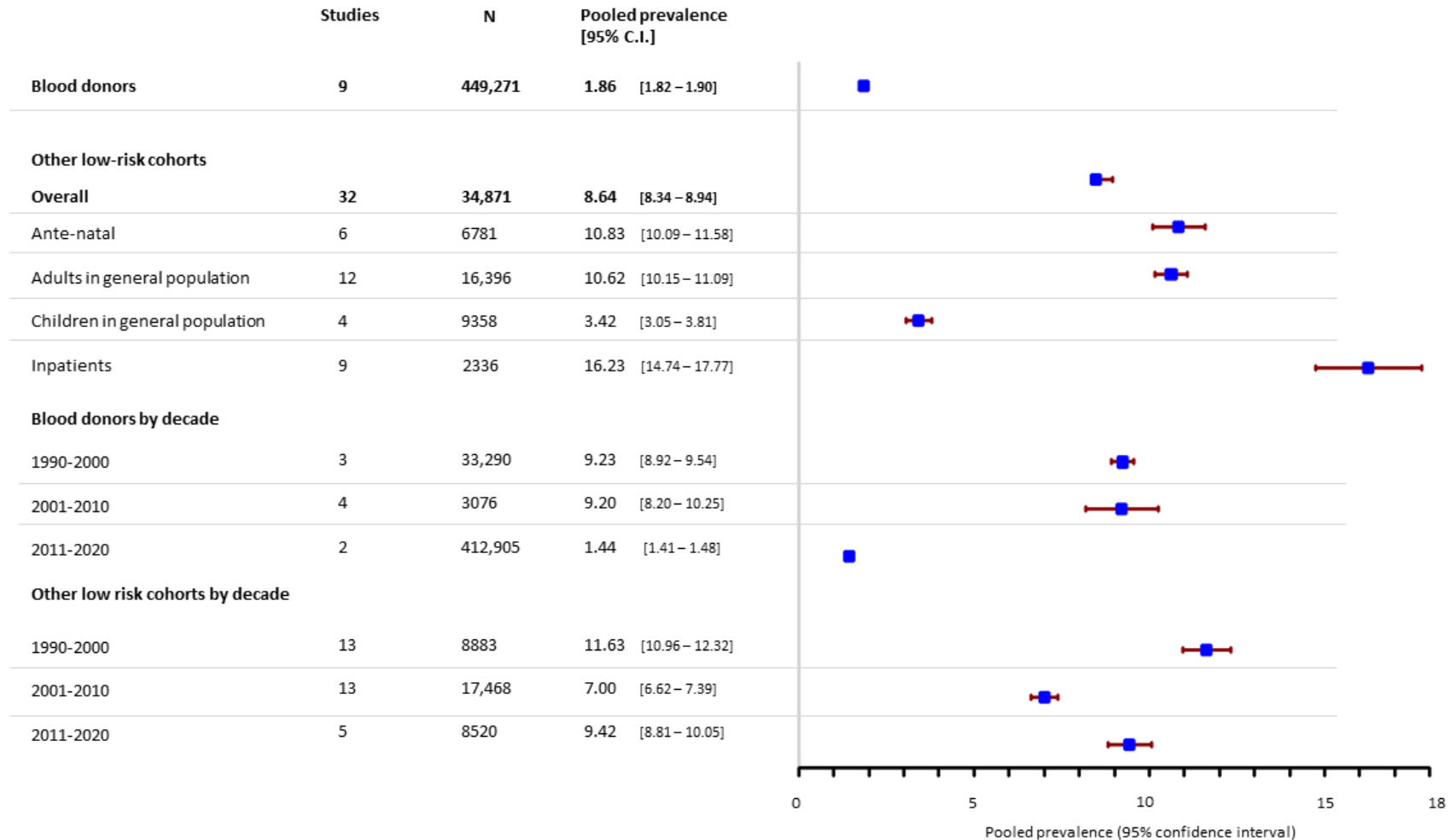
# Study selection



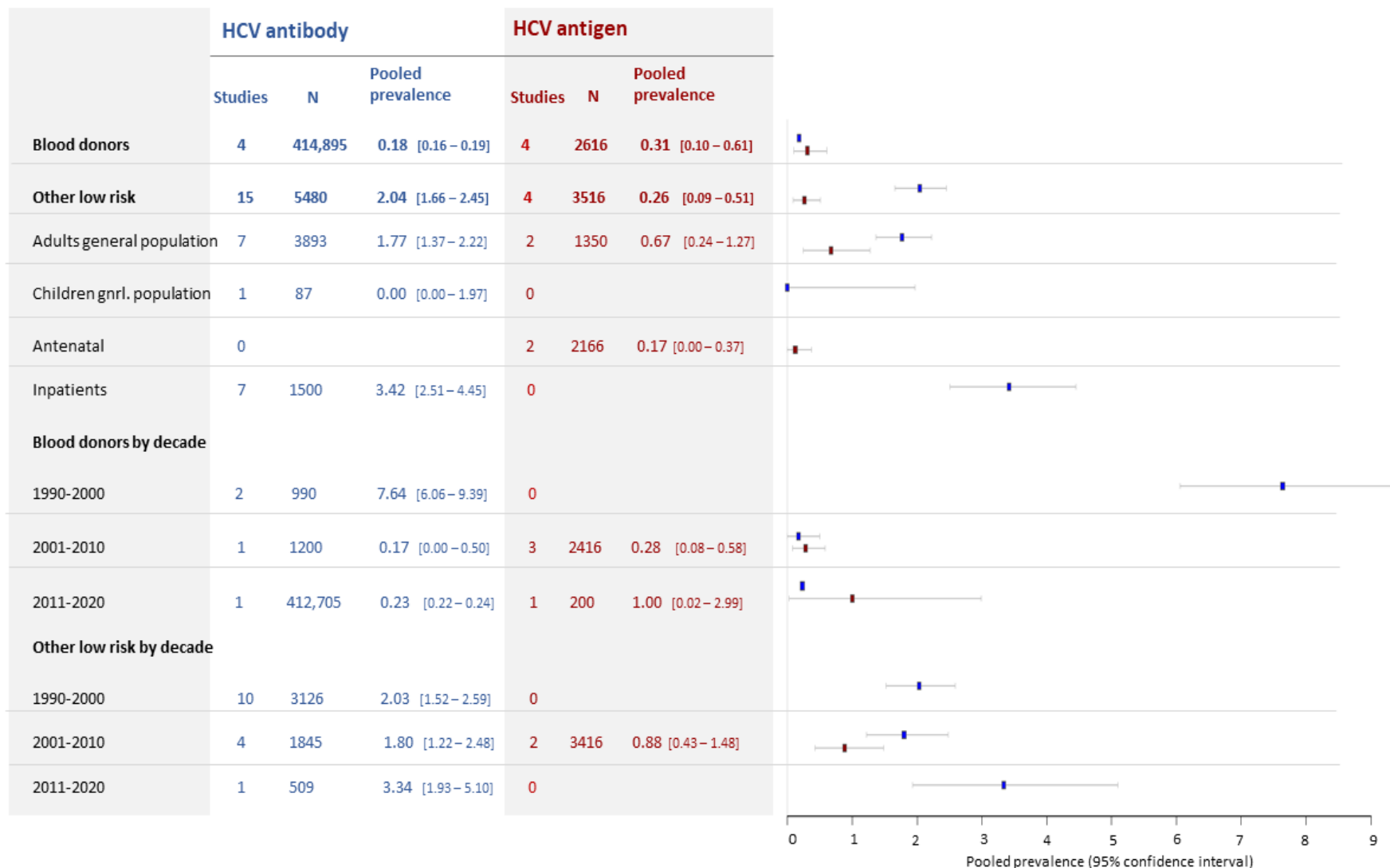
# Seroprevalence of Hepatitis B and C among blood donors

- Overall infection rates:
  - HBsAg point prevalence: 1.86% (1.82 - 1.90),
  - HCV antibody: 0.18% (0.16 - 0.19)
  - HCV antigen: 0.31% (0.10 – 0.61).
- Pooled HBsAg prevalence :
  - 9% in cohorts from prior to 2011
  - 1.44% (1.41 – 1.48) in last decade
- Pooled HCV prevalence:
  - 7.6% [6.1 – 9.4]) when first discovered in the 1990s
  - 0.2% overall in studies since 2001

# Estimated pooled seroprevalence of HBsAg in low-risk populations

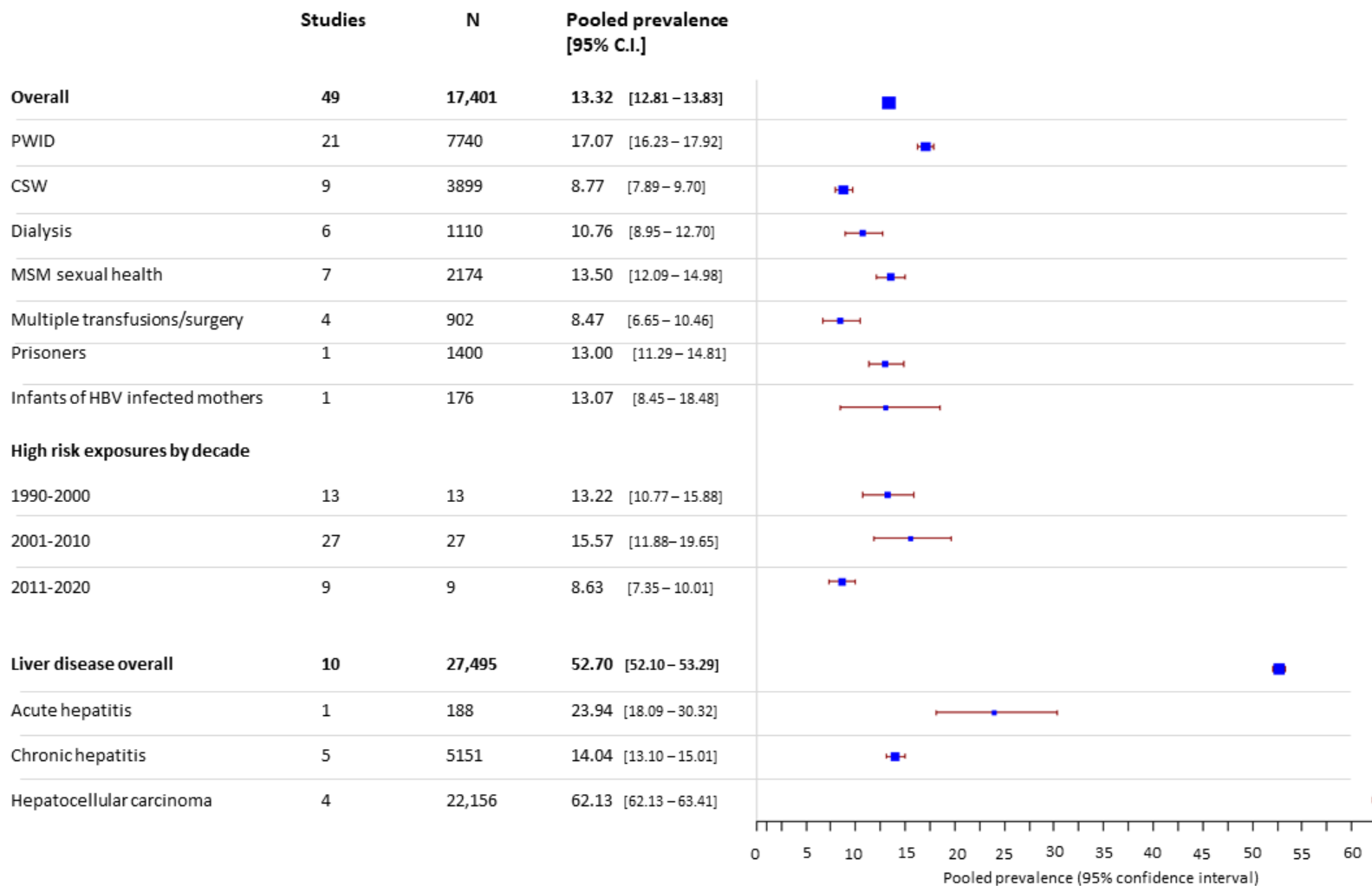


# Estimated pooled seroprevalence of HCV in low-risk populations

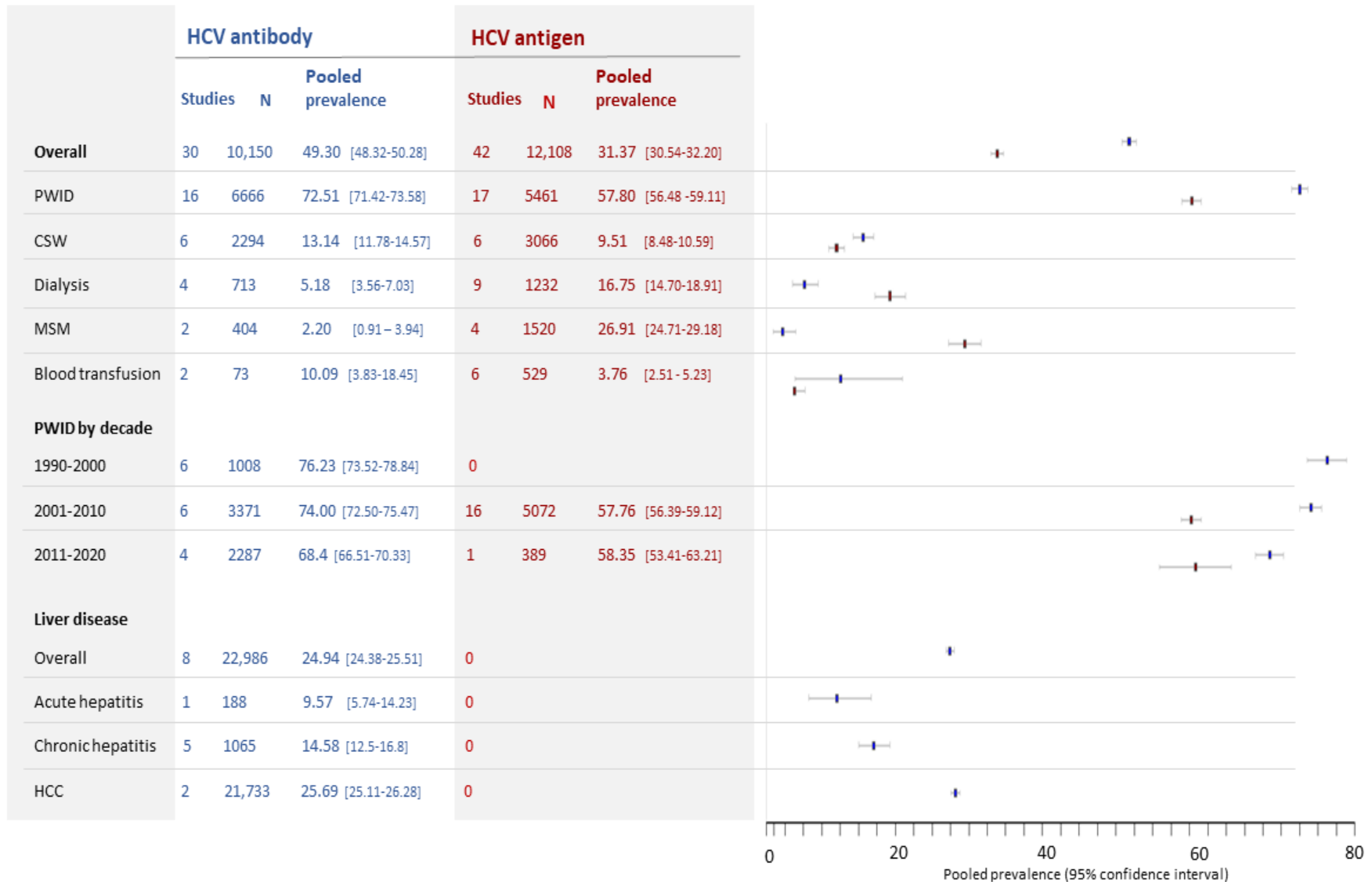




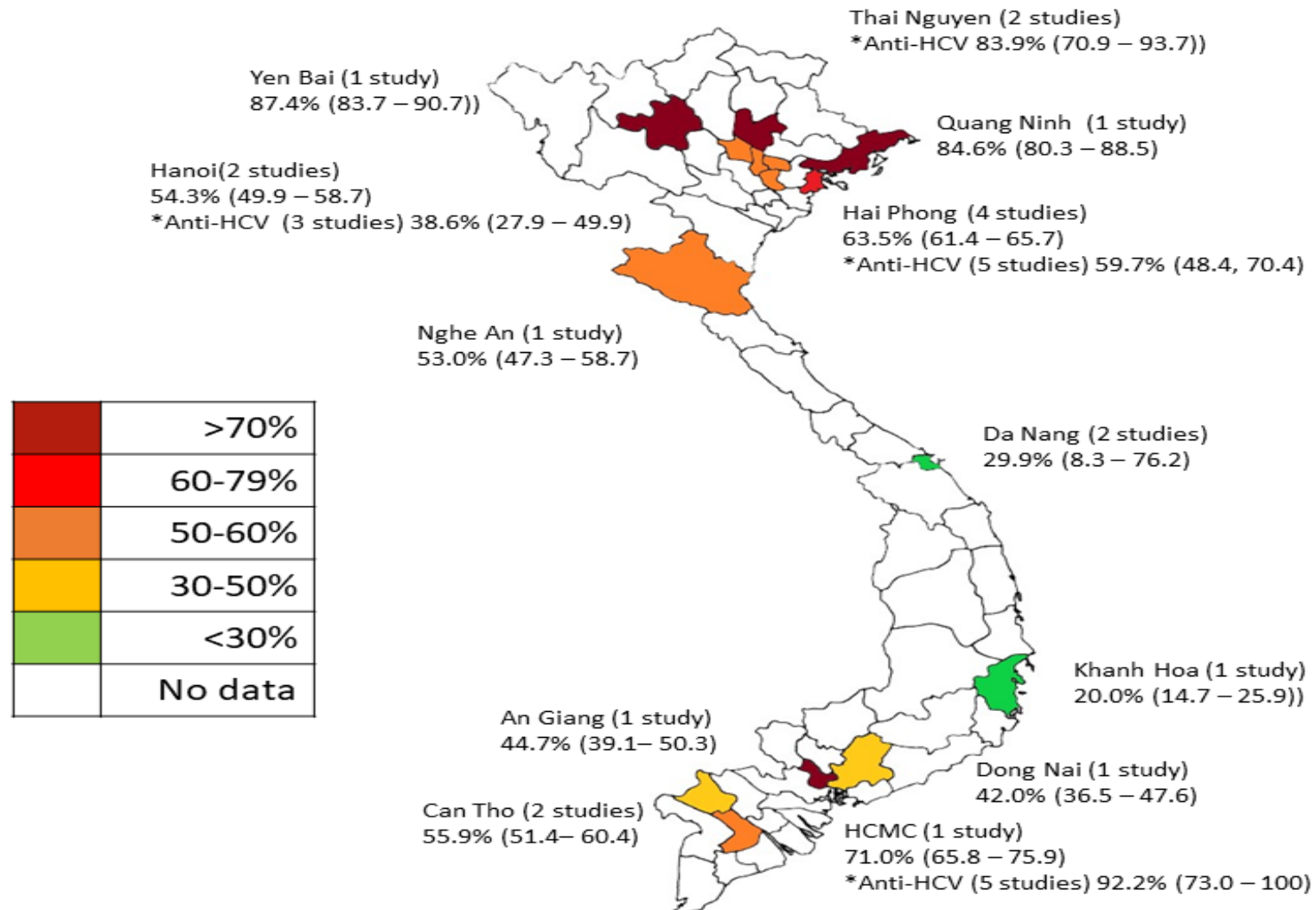
# Estimated seroprevalence of HBV in high-risk populations



# Estimated pooled seroprevalence of HCV in high-risk groups

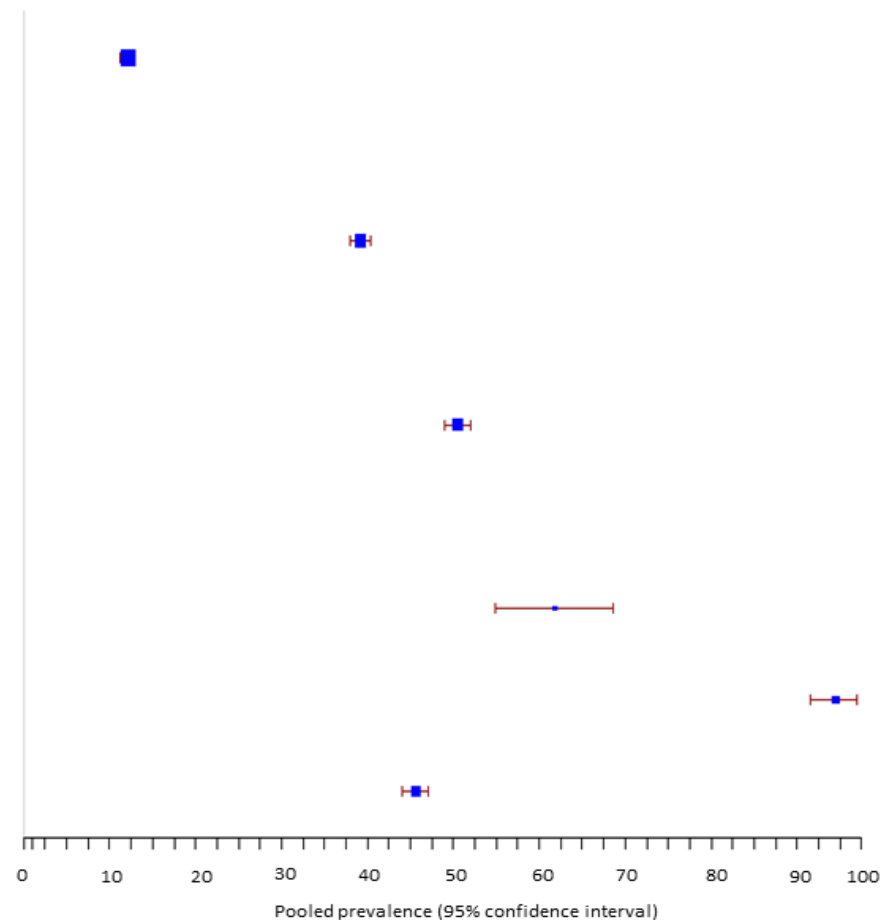


# HCV antigen prevalence (and antibody where available) in PWID by region

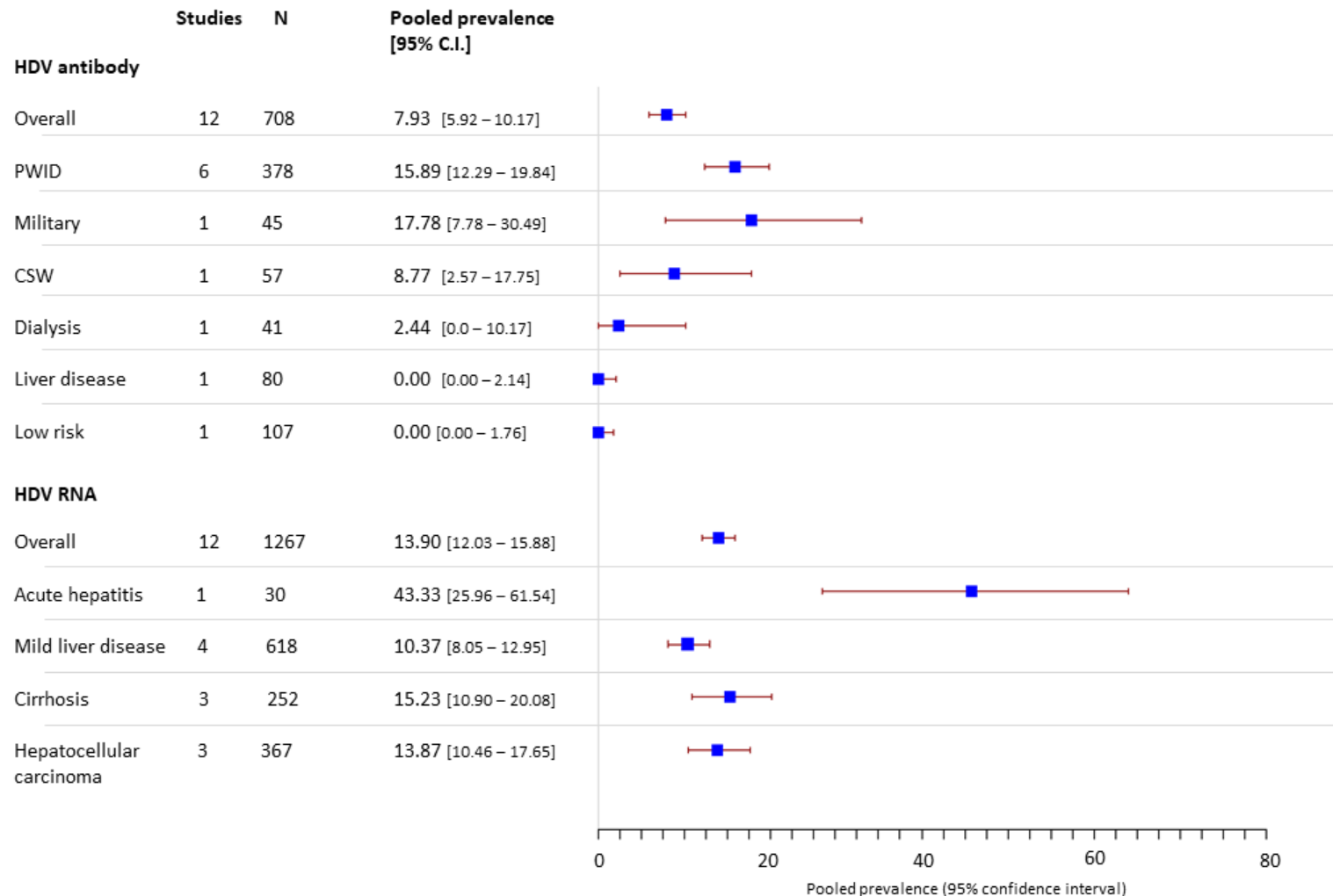


# Estimated pooled prevalence of i) HBsAg and ii) HCV antibody in HIV positive cohorts and iii) HIV co-infection in HCV-antibody positive cohorts

	Studies	N	Pooled prevalence [95% C.I.]
<b>HBsAg in HIV positive</b>	12	5815	12.11 [11.27 – 12.97]
<b>HCV Ab in HIV positive</b>	13	7055	39.18 [38.04 – 40.33]
<b>HIV in HCV Ab positives</b>			
Overall	27	4676	50.52 [49.06 – 51.98]
<b>By group</b>			
CSW	8	206	61.85 [54.88 – 68.59]
MSM sexual health	4	345	94.51 [91.57 – 96.93]
PWID	15	4123	45.59 [44.06 – 47.12]



# Estimated pooled prevalence of HDV antibody and HDV RNA in HBsAg positive cohorts



# Challenges

- The Vietnamese government has made considerable efforts over the last 5 years by releasing national guidelines for the management of CHB and C
  - Providing care and treatment, TDF or entecavir to HBV-infected patients.
  - CHB (CHC partly) covered by the Vietnamese Health Insurance System.
- Vietnam is not on track to achieve the WHO elimination goals over the next decade:
  - less than 5% of infected people are currently aware of their HBV infection,
  - 1.34% of HBV-infected people in need of treatment are on antiviral therapy.
  - HBV infection has been long neglected in Vietnam.
  - Lack of knowledge, attitude and practice in HBV prevention and management in general population and healthcare workers in Vietnam

# VHC is a major public health issue

- Liver cancer is the 4<sup>th</sup> cause of death, predominantly related to hepatitis B virus but also for 25% of cases to HCV infection.
- The first national recommendations for HCV care were issued in 2014 and an updated version has just been published in September 2016
- In this new version, oral short-duration regimens using DAAs are preferred and Peg-Interferon based treatments are only mentioned as an alternative.
- Biology, medical imagery and drugs partially covered by Health Insurance since 2015
- In 2018: DAA added in drugs list covered by Health Insurance
- 3 months IFN-free treatments remain expensive (i.e., SOF/LED  $\approx$  1,000 USD)



*Article*

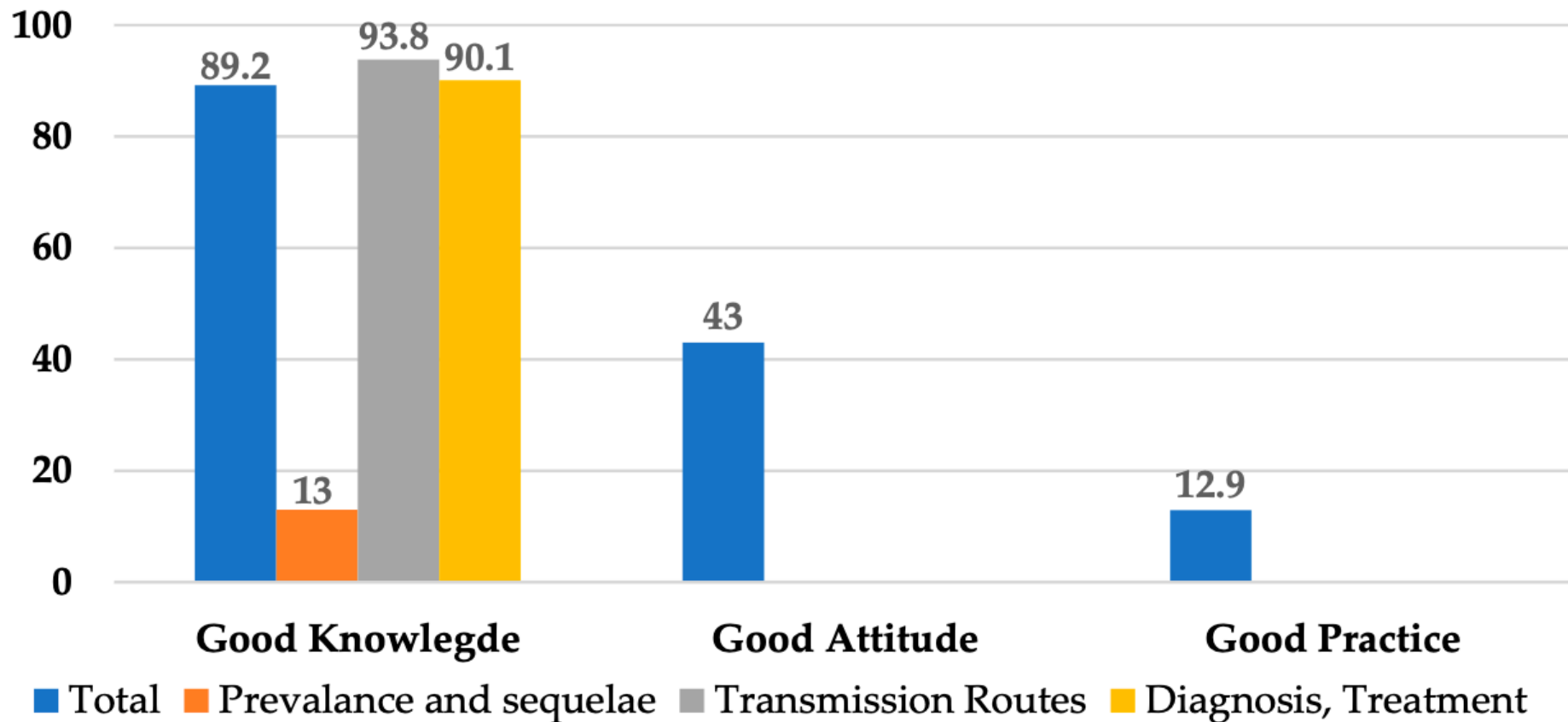
# Knowledge, Attitudes and Practices toward Hepatitis B Virus Infection among Students of Medicine in Vietnam

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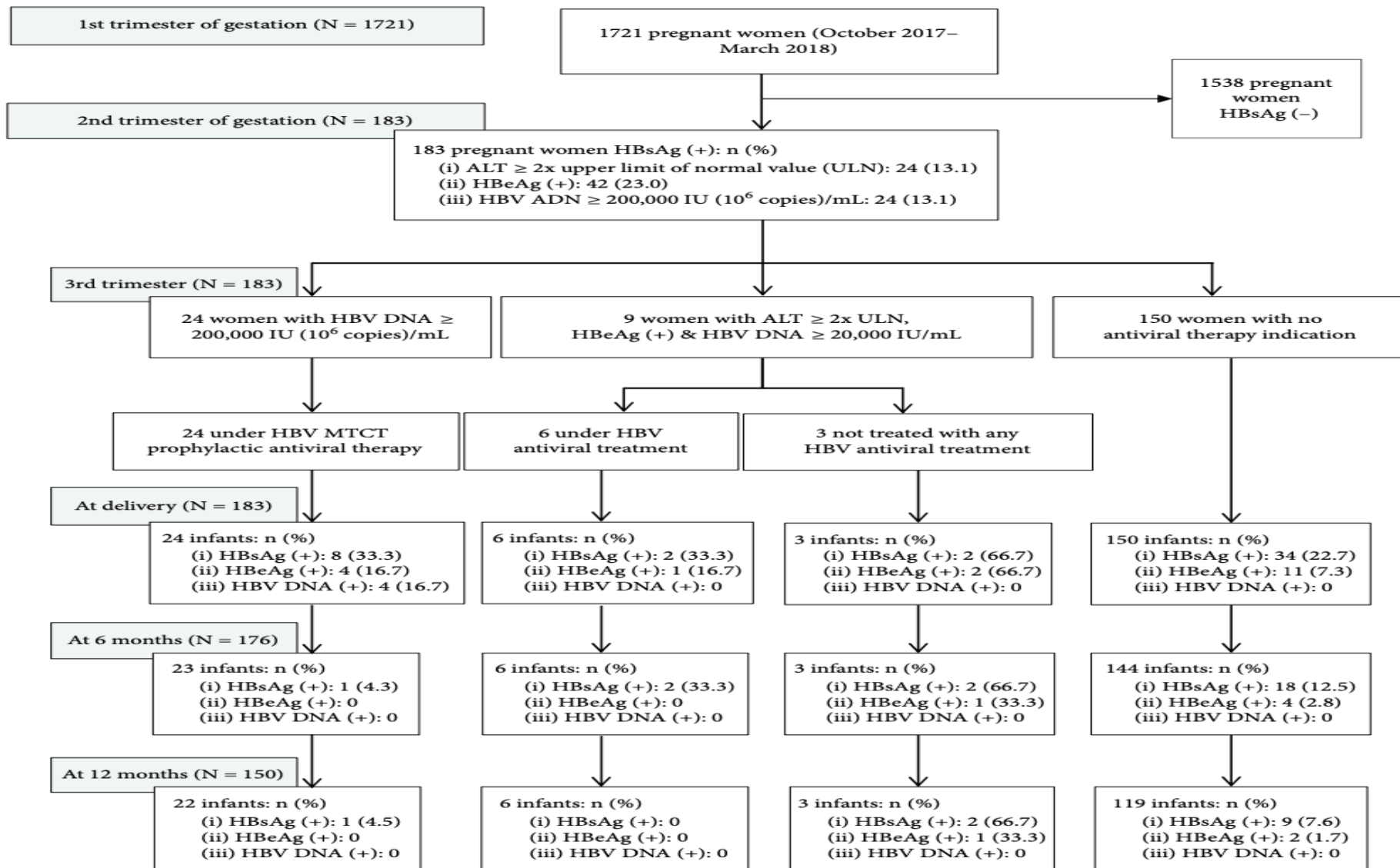
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# Knowledge, Attitudes and Practices toward Hepatitis B Virus Infection among Students of Medicine in Vietnam (N=2000)



Nguyen TTL, Pham TTH, So S, Hoang THV, Nguyen TTU, Ngo TB, Nguyen MP, Thai QH, Nguyen NK, Le Ho TQA, Tran QP, Pham MK. Knowledge, Attitudes and Practices toward Hepatitis B Virus Infection among Students of Medicine in Vietnam. *Int J Environ Res Public Health*. 2021 Jul 2;18(13):7081. doi: 10.3390/ijerph18137081. PMID: 34281017; PMCID: PMC8296898.



(Khue PM et al, 2020)

# Factors associated with infant's HBV infection at 12-month follow-up (N = 150)

Infant's characteristics		Infant with positive HBsAg, n (%)	Crude OR <sup>a</sup> , OR [95% CI]	Adjusted OR <sup>b</sup> , OR [95% CI]	p value <sup>c</sup>
Mother's HBeAg status at delivery	HBeAg (-)	2 (1.7)	Ref.	Ref.	<0.001
	HBeAg (+)	10 (34.5)	31.3 [6.4-154.1]	65.8 [7.3-594.1]	
Mother's HBV DNA level at delivery	<200,000 IU/mL (10 <sup>6</sup> copies/mL)	11 (7.6)	Ref.		
	≥200,000 IU/mL (10 <sup>6</sup> copies/mL)	1 (16.7)	2.4 [0.3-22.6]		
Mother's HBV peripartum antiviral therapy	Yes	1 (3.4)	Ref.		
	No	11 (9.1)	2.8 [0.3-22.6]		
Having any family members infected with HBV <sup>d</sup>	No	7 (5.5)	Ref.	Ref.	0.119
	Yes	5 (21.7)	4.8 [1.4-16.6]	4.0 [0.7-23.4]	
Mode of delivery	Vaginal	8 (8.0)	Ref.		
	Caesarean	4 (8.0)	1.0 [0.3-3.5]		
Infant's sex	Female	7 (9.7)	Ref.		
	Male	5 (6.4)	1.6 [0.5-5.2]		
Infant's HBV birth dose vaccination	Yes	11 (7.4)	Ref.	Ref.	0.057
	No	1 (50.0)	12.5 [0.7-212.9]	36.1 [0.9-1459.5]	
Infant's HBIG immunization	Yes	7 (5.7)	Ref.	Ref.	0.181
	No	5 (18.5)	3.8 [1.1-12.9]	3.4 [0.6-19.9]	
Infant's scheduled HBV vaccination	Completed	10 (7.0)	Ref.	Ref.	0.593
	Uncompleted	2 (25.0)	4.4 [0.8-24.7]	2.1 [0.1-31.2]	
Infant feeding (during 12 months of age)	Breast-fed only	4 (8.5)	Ref.		
	Bottle-fed (and/or other food)	3 (5.8)	0.7 [0.1-3.1]		
	Mixed (breast-fed+bottle-fed and/or other food)	5 (9.8)	1.2 [0.3-4.6]		

<sup>a</sup>Univariate analysis; <sup>b</sup>multiple logistic regression; <sup>c</sup>likelihood-ratio test; <sup>d</sup>including infant's father HBV infection status. OR: odds ratio; CI: confidence interval.  $\alpha < 0.05$ .

# Characteristics of mother-infant pairs whose infants are HBV infected (N = 12)

No.	Mothers' characteristics						Infants' characteristics						
	Maternal HBeAg status at 7th month of gestation	HBV DNA level at 7th month of gestation*	Antiviral treatment	Maternal HBeAg status at delivery	HBV DNA level at delivery*	Family member infected with HBV <sup>†</sup>	Mode of delivery	Infant's sex	BDV <sup>‡</sup>	HBIG <sup>#</sup>	Completed HBV vaccine schedule	Infant feeding	Infant HBeAg status at 12 months of age
1	Positive	1,174,000	Yes	Positive	82,400	No	Caesarean	Female	Yes	Yes	Yes	Mixed	Negative
2	Positive	47,600	No	Positive	1,756,000	Yes	Caesarean	Female	Yes	Yes	Yes	Breast-fed	Positive
3	Positive	30,000	No	Positive	24,600	No	Vaginal	Female	Yes	No	Yes	Breast-fed	Negative
4	Positive	420	No	Positive	Undetectable	Yes	Caesarean	Male	Yes	Yes	No	Mixed	Negative
5	Negative	Undetectable	No	Positive	402	No	Vaginal	Female	Yes	No	Yes	Mixed	Negative
6	Positive	Undetectable	No	Positive	Undetectable	No	Vaginal	Male	Yes	Yes	Yes	Breast-fed	Negative
7	Negative	Undetectable	No	Positive	Undetectable	Yes	Vaginal	Female	Yes	No	No	Mixed	Negative
8	Positive	Undetectable	No	Positive	Undetectable	No	Vaginal	Male	Yes	No	Yes	Mixed	Positive
9	Negative	Undetectable	No	Positive	Undetectable	No	Vaginal	Male	Yes	Yes	Yes	Bottle-fed	Negative
10	Positive	Undetectable	No	Positive	Undetectable	No	Vaginal	Female	Yes	Yes	Yes	Breast-fed	Negative
11	Negative	Undetectable	No	Negative	Undetectable	Yes	Vaginal	Female	No	No	Yes	Bottle-fed	Negative
12	Negative	Undetectable	No	Negative	Undetectable	Yes	Caesarean	Male	Yes	Yes	Yes	Bottle-fed	Negative

\*Test results in IU/mL or undetectable (under limit of detection); <sup>†</sup>having any family member known being HBV infected (including husband/partner); <sup>‡</sup>BDV: birth dose vaccination; <sup>#</sup>HBIG: hepatitis B immunoglobulin immunization.

# Assessment and Simplification of Treatment Eligibility Among Patients With Chronic Hepatitis B Infection in Vietnam

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(See the Editorial Commentary by Vinikoor on pages e1078–9.)

# Performance of the Simplified Criteria to Select Patients Eligible for Antiviral Therapy in Reference to the Vietnamese National Guidelines at a Single Time Point (n = 400)

AUROC	TREAT-B			
	0.89 (0.87–0.92)			
Cutoff	≥1	≥2	≥3	4
True positive	167	165	124	43
False negative	0	2	43	124
True negative	22	134	206	233
False positive	211	99	27	0
Sensitivity (%)	100 (97.8–100)	98.8 (95.7–99.9)	74.3 (66.9–80.7)	25.7 (19.3–33.1)
Specificity (%)	9.4 (6.0–13.9)	57.5 (50.9–63.9)	88.4 (83.6–92.2)	100 (98.4–100)

The values in parentheses are the 95% confidence intervals.

Abbreviations: AUROC, area under the receiver operating characteristic; TREAT-B, Treatment Eligibility in Africa for the Hepatitis B Virus.

# Performance of the Simplified Criteria to Select Patients Eligible for Antiviral Therapy in Reference to the Vietnamese National Guidelines in a Subgroup of Patients With 2 ALT Measurements Over 6 Months (n = 89)


	TREAT-B				Simplified WHO Criteria Without HBV DNA
	≥1	≥2	≥3	4	
AUROC	0.87 (0.80–0.94)				0.63 (0.55–0.71)
<i>P</i> value (compared with TREAT-B)	N/A				<.001
Cutoff	≥1	≥2	≥3	4	N/A
True positive	59	56	45	17	59
False negative	0	3	14	42	0
True negative	3	14	26	30	8
False positive	27	16	4	0	22
Sensitivity (%)	100 (93.9–100)	94.9 (85.9–98.9)	76.3 (63.4–86.4)	28.8 (17.8–42.1)	100 (93.9–100)
Specificity (%)	10.0 (2.1–26.5)	46.7 (28.3–65.7)	86.7 (69.3–96.2)	100 (88.4–100)	26.7 (12.3–45.9)

The values in parentheses are the 95% confidence intervals.

(Vu Hai V, Shimakawa Y, Kim J, Do Ngoc H, Le Minh Q, Laureillard D, Lemoine M. Assessment and Simplification of Treatment Eligibility Among Patients With Chronic Hepatitis B Infection in Vietnam. *Clin Infect Dis*. 2021 Sep 7;73(5):e1072-e1077. doi: 10.1093/cid/ciaa1814. PMID: 33331880.)

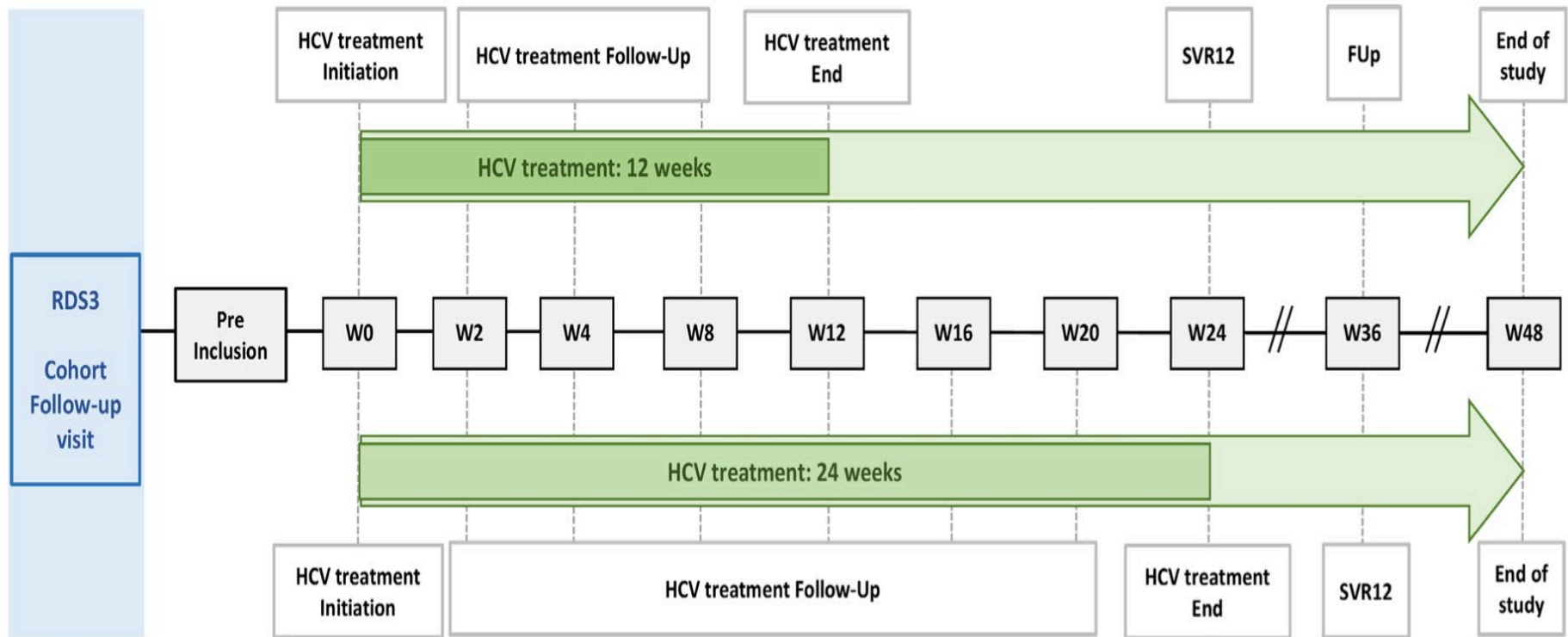
# BMJ Open Towards HCV elimination among people who inject drugs in Hai Phong, Vietnam: study protocol for an effectiveness-implementation trial evaluating an integrated model of HCV care (DRIVE-C: DRug use & Infections in ViEtnam-hepatitis C)

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Delphine Rapoud <sup>1</sup>, Catherine Quillet,<sup>1</sup> Khue Pham Minh,<sup>2</sup> Vinh Vu Hai,<sup>3</sup> Binh Nguyen Thanh,<sup>2</sup> Thanh Nham Thi Tuyet,<sup>4</sup> Hong Tran Thi,<sup>2</sup> Jean-Pierre Molès,<sup>1</sup> Roselyne Vallo,<sup>1</sup> Laurent Michel,<sup>5</sup> Jonathan Feelemyer,<sup>6</sup> Laurence Weiss,<sup>7</sup> Maud Lemoine,<sup>8</sup> Peter Vickerman,<sup>9</sup> Hannah Fraser,<sup>9</sup> Huong Duong Thi,<sup>2</sup> Oanh Khuat Thi Hai,<sup>4</sup> Don Des Jarlais,<sup>6</sup> Nicolas Nagot,<sup>1</sup> Didier Laureillard,<sup>10</sup> On behalf of the DRIVE-C Study Group



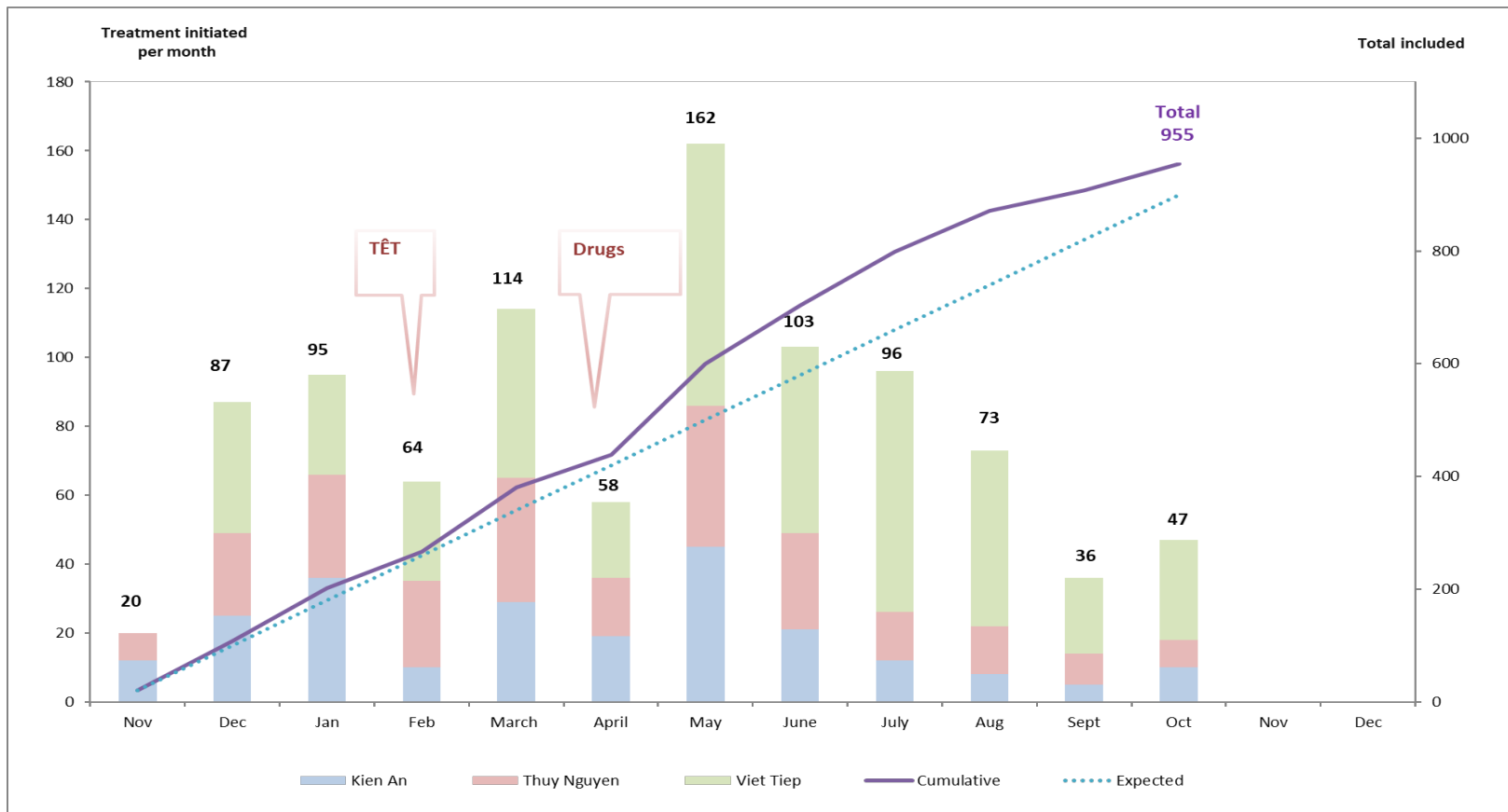
# Patient visit schedule flowchart



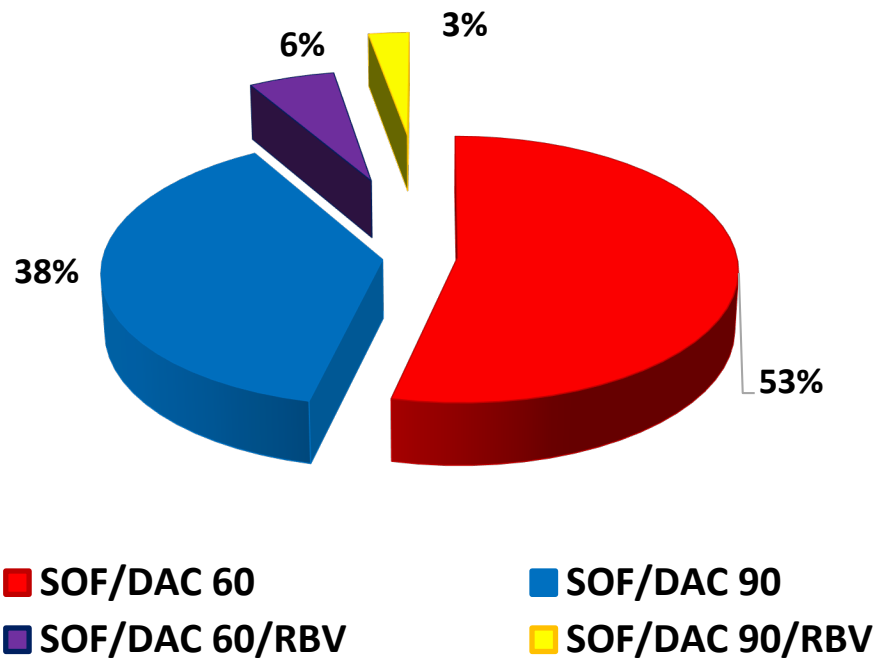
HCV, hepatitis C virus; FUp, follow-up; RDS, respondent-driven sampling; W0, week 0; SVR12, sustained virological response at post-treatment week 12

# Study Progress: Treatment initiations

- Among 1017 patients pre-included: 7 deaths before inclusion, 12 exclusion, 5 refused to participate, 6 in closed settings, 32 on-going
- Inclusions started on 22/11/2019 → 955 (30/10/2019)



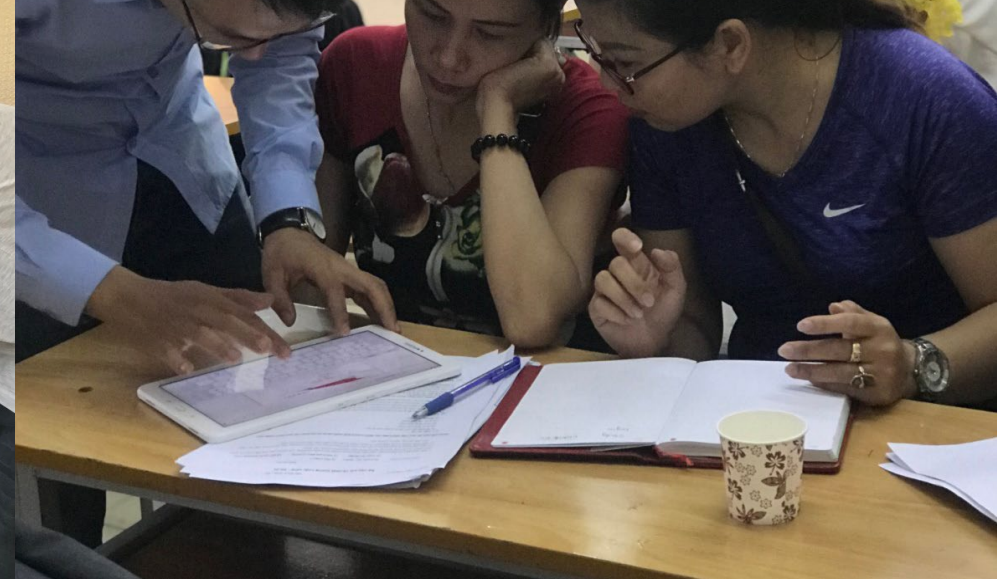
# HCV treatment



- Treatment completed: 788 patients
- SVR12 : 477 patients → **≈ 96% cured in overall, 98% ITT participants**
- End of study: 23 patients → **1 with RNA detectable (≈ 96% success)**

# CBO activities

## Preliminary phase



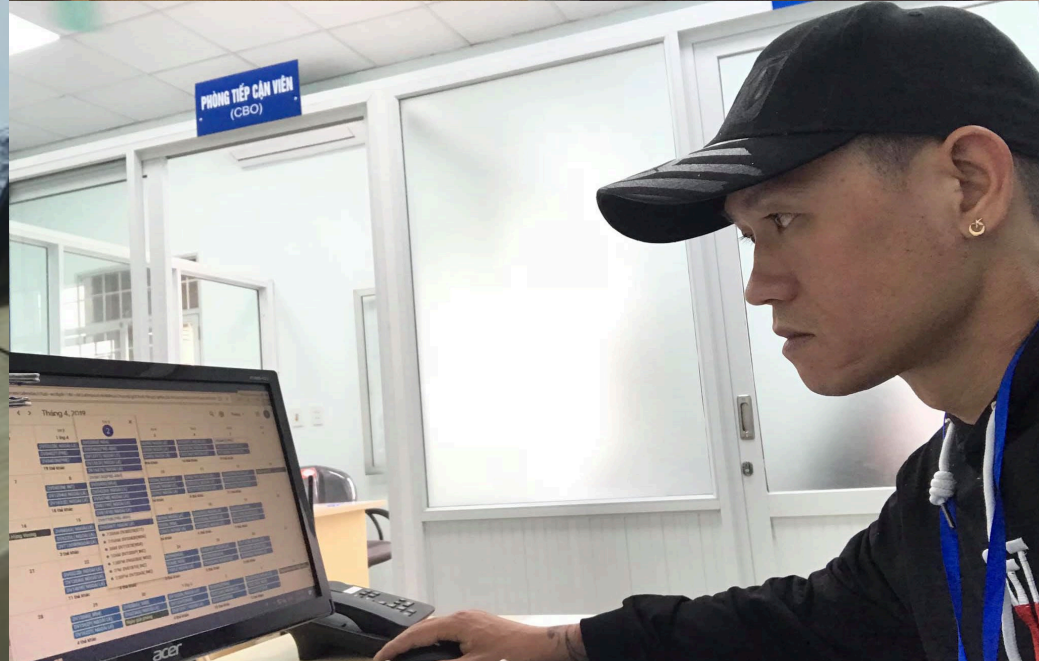
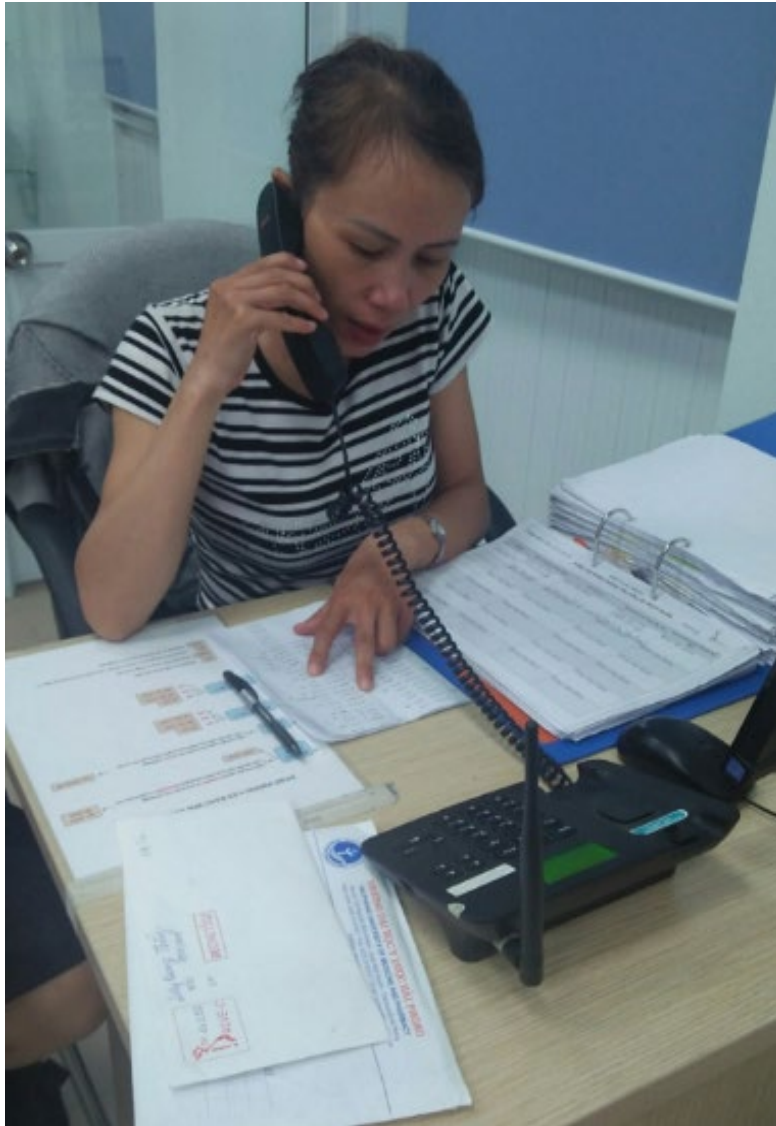
# CBO activities: field CBOs

Linking to care, supports for adherence & education



# CBO activities: clinic CBOs

Study process, interview, adherence support and tracking



# Conclusion

- Viral hepatitis is a major public health issue in Vietnam
- Vietnam is not on track to achieve the WHO elimination goals over the next decade
- Lack of knowledge, attitude, and practice in HBV prevention and management in the general population and healthcare workers in Vietnam
- Innovative interventions are needed. Implementing immediate training programs for healthcare workers and educating the general population have the ability to improve access to care and prevention.